

NYSCH BASIC CLINICAL HYPNOSIS WORKSHOP

Saturday, April 5th, 2014 9AM-5PM [Lectures]

Sunday, April 6th, 2014 1PM-5PM [Practicum]

Saturday, April 12th, 2014 9AM-5PM [Lectures]

DAY 1: SATURDAY, April 5th, 2014

MORNING SESSION: Marlene Levy, PhD, DAAPM [President-NYSCH] — CHAIR

- 9:00- 9:15 Introduction & Orientation [M. Levy, PhD]
9:15- 9:45 Assessment, Present Hypnosis to the Patient, & Informed Consent [M. Levy, PhD]
9:45-10:15 Introduction to Hypnotic Scales [I. O'Sullivan, NP]
10:15-11:00 Definition, History, & Theories of Hypnosis [I. O'Sullivan, NP]
11:00-11:45 Demonstrations of Hypnotic Inductions [H. Feldman, M.D.; R. Tuck, PsyD]
11:45- 1:00 LUNCH & Lecture: Hypnotic Phenomena & Applications [D. Haber, RN; M. Levy, PhD]

AFTERNOON SESSION: Richard Tuck, PsyD — CHAIR

- 1:00- 1:45 Induction & Re-Alerting; Formulating Hypnotic Suggestions: Part 1
[R. Tuck, PsyD; H. Feldman, M.D.]
1:45- 2:30 Myths & Misperceptions of Hypnosis; Hypnosis & Memory [H. Feldman, M.D.]
2:30- 3:15 Induction & Re-Alerting; Formulating Hypnotic Suggestions: Part 2
[S. Bady, LCSW; D. Haber, RN]
3:15- 4:00 Dissociative Disorder and the use of Hypnosis [I. O'Sullivan, NP]
4:00- 4:45 Hypnotic Susceptibility, Stages, Life Time, Deepening Hypnotic Involvement
[D. Haber, RN; R. Tuck PsyD]
4:45- 5:00 Q&A; ADJOURN

DAY 2: SUNDAY, April 6th, 2014

AFTERNOON SESSION: Marlene Levy, PhD — CHAIR

- 1:00-4:45 PRACTICUM

DAY 3: SATURDAY, April 12th, 2014

MORNING SESSION: Diane Haber, MS, RN, CS — CHAIR

- 9:00- 9:45 Self Hypnosis: How & What to Teach Patients [D. Haber, RN]
9:45-10:15 Hypnosis for Habit Control [M. Levy, PhD]
10:15-11:00 Ethical Principles, Professional Conduct, Certification [R. Tuck, PsyD]
11:00-11:45 Strategies for Managing Resistance to Hypnosis [S. Bady, LCSW]
11:45- 1:00 LUNCH & Lecture: Comparing Hypnosis and Meditation [S. Bady, LCSW]

AFTERNOON SESSION: Susan Bady, LCSW; Herbert Feldman, M.D. — CHAIRS

- 1:00- 1:45 Principles of Hypnotic Suggestion; Psychosemantics [M. Levy, PhD]
1:45- 2:30 Hypnosis for Stress Management [H. Feldman, M.D.]
2:30- 3:15 Hypnosis for Pain Management [D. Haber, RN]
3:15- 4:00 Integrating Hypnosis in a Medical Practice [H. Feldman, M.D.]
4:00- 4:45 Ericksonian Approaches to Hypnosis: Demonstrations [S. Bady, LCSW]
4:45- 5:00 Feedback; Q&A; Certificates; ADJOURN