

**NYSCH BASIC WORKSHOP
NOVEMBER 18-19, 2017: 8AM,-6PM**

Morning Session

Marlene Levy PhD, DAAPM [President, NYSCH] CHAIR

8-8:30 AM-Introduction & Orientation [M. Levy, PhD]

8:30- 9 AM-Definition, History & Theories of Hypnosis [Ita O'Sullivan, NP]

9-9:30 AM-Ethical Principles, Professional Conduct, Certification [Linda LaMarca, PhD]

9:30-10 AM- Present Hypnosis to the Patient [Brief induction], Informed Consent [M.Levy, PhD]

10-10:15 AM-BREAK: Faculty Discussion, Refreshments & Networking

10:15-11 AM-Demonstrations of Hypnotic Induction [Phyllis Gildston, PhD]

11-12 PM- SMALL GROUP PRACTICE [1 hr.]

12-1 PM- LUNCH: "ENTRANCED" FILM SHOWN

Afternoon Session

Phyllis Gildston, PhD-CHAIR

1-2 PM-Demonstrations of Hypnotic Inductions [Diane Haber, R.N.; M. Levy PhD]

2-2:30 PM-Myths & Misperceptions of Hypnosis [Ita O'Sullivan, NP; Phyllis Gildston, PhD]

2:30-2:45 PM-BREAK: Faculty Discussion, Refreshments and Networking

[2:45-3:15 PM-Strategies for Managing Resistance to Hypnosis [Susan Bady, LCSW] [This course is to be moved to Sunday.](#)]

3:15-4:45 PM-SMALL GROUP PRACTICE [1.5 hr]

4:45-5:15 PM-Hypnotic Phenomena [P. Gildston, PhD]

5:15-6 PM-DEEPENING TECHNIQUES [M. Levy PhD; P. Gildston, PhD]

6:00 PM - ADJOURN

SUNDAY NOVEMBER 19TH, 2017

Diane Haber, MS,RN,CS; Rich Tuck, PsyD-CHAIRS

Morning Session

8-8:45 AM-Self Hypnosis: How and what to teach patients [D. Haber, MS,RN,CS]

8:45-9:15 AM -Treatment planning, Strategy, Technique selection [D. Haber,MD,RN,CS; Rich Tuck, PsyD]

9:15-9:30 AM-Introduction to Hypnotic Scales -[Ita O-Sullivan, NP]

9:30-10 AM-BREAK : Faculty Discussion, Refreshments & Networking

10-10:30 AM- The Use of METAPHORES in hypnosis [brief induction w/metaphors]

10:30-12 PM-SMALL GROUP PRACTICE [1,5 hr]

12-1 PM-LUNCH & LECTURE: Comparing Hypnosis and Medication [S.Bady, LCSW]

Afternoon Session

Susan Bady, LCSW; Herbert Feldman, MD-CHAIRS

1-1:45 PM-Hypnosis for Habit Control [D. Haber, MS,RN,CS]

1:45-2:15 PM-Hypnosis for : Stress Management [Diane Haber, MS,RN,CS]

2:15-2:45 PM- Hypnosis for Pain Management [Herb Feldman, M.D.]

2:45-3 PM-BREAK: Faculty Discussion, Refreshments & Networking

3-4:30 PM-SMALL GROUP PRACTICE [1.5hr.]

4:30-5 PMm-Integrating Hypnosis in a Medical Practice [Herb Feldman, MD]

5-5:30 PM-Ego Strengthening using hypnosis [Susan Bady, LCSW]

5:30-6 PM- Feedback; Q&A; Certificates

6 PM- ADJOURN