

New York Society of Clinical Hypnosis [NYSCH]
BASIC CLINICAL HYPNOSIS WORKSHOP - April 15th & 16th, 2016

FRIDAY, April 15th, 2016 8AM-6PM

MORNING SESSION: **Marlene Levy, PhD, DAAPM [President-NYSCH] — CHAIR**

- 8:00- 8:30 Introduction & Orientation [M. Levy, PhD]
- 8:30- 9:00 Definition, History & Theories of Hypnosis
- 9:00- 9:30 Ethical Principles, Professional Conduct, Cert
- 9:30-10:00 Assessment, Present Hypnosis to the Patient, Informed Consent
- 10:00-10:15 **BREAK: Faculty Discussion, Refreshments & Networking**
- 10:15-11:00 Principles & Process of Induction & Re-Alerting; Demonstrations
- 11:00-12:00 **Small Group Practice**
- 12:00- 1:00 **LUNCH & Film: “ENTRANCED: Hypnosis, Health & Healing”**

AFTERNOON SESSION: **Diane Haber, MS,RN,CS — CHAIR**

- 1:00- 2:00 Hypnotic Phenomena and Applications
- 2:00- 2:30 Myths & Misperceptions of Hypnosis
- 2:30- 2:45 **BREAK: Faculty Discussion, Refreshments & Networking**
- 2:45- 3:30 Demonstrations of Hypnotic Inductions
- 3:30- 4:30 **Small Group Practice**
- 4:30- 5:15 Live or Video Demonstrations of Eliciting Phenomena
- 5:15- 6:00 Hypnotic Susceptibility, Deeping Hypnotic Involvement
- 6:00 PM **ADJOURN**

SATURDAY, April 16th, 2016 8AM-6PM

MORNING SESSION: **Richard Tuck, Psy.D — CHAIR**

- 8:00- 8:45 Self Hypnosis: How & What to Teach Patients
- 8:45- 9:30 Treatment Planning, Strategy, Technique Selection in Hypnotherapy
- 9:30-10:00 Introduction to Hypnotic Scales
- 10:00-10:15 **BREAK: Faculty Discussion, Refreshments & Networking**
- 10:15-11:00 Strategies for Managing Resistance to Hypnosis
- 11:00-12:00 **Small Group Practice**
- 12:00- 1:00 **LUNCH & Lecture: “Integrating Hypnosis into Clinical Practice & Psychotherapy”**

AFTERNOON SESSION: **Susan Bady, LCSW,BCD; Herbert Feldman, MD,DABFM,DAAPM — CHAIRS**

- 1:00- 1:45 Hypnosis for Habit Control
- 1:45- 2:30 Hypnosis for Stress Management
- 2:30- 3:00 Hypnosis for Pain Management
- 3:00- 3:15 **BREAK: Faculty Discussion, Refreshments & Networking**
- 3:15- 4:15 **Small Group Practice**
- 4:15- 5:00 Integrating Hypnosis in a Medical Practice
- 5:00- 5:30 Ericksonian Approaches to Hypnosis
- 5:30- 6:00 **Feedback; Q&A; Certificates**
- 6:00 PM **ADJOURN**